

ADVANCED CARE FOOT & ANKLE

800 Magnolia, Suite 106
Corona, CA 92879
(951) 735-8806
Fax: (951) 735-6813

JEFFREY H. KATZ, D.P.M., F.A.C.F.S.
Diplomate, American Board of Podiatric Surgery
ARTI C. AMIN, D.P.M.

ANAHEIM HILLS PODIATRY GROUP

6200 E. Canyon Rim Rd., Suite 111E
Anaheim Hills, CA 92807
(714) 974-3338
Fax: (714) 974-7683

Post-Op Instructions – Ingrown Toenail

1. Leave the dressing on until tomorrow. You may loosen (not remove) the outside stretchy dressing (Coban) after the anesthesia wears off if it feels too tight.
2. Remove the dressing the following morning
3. Wash toe with soapy water in shower.
4. Dry completely.
5.
 - a. If simple toenail removal – apply antibiotic ointment (Neosporin, Polysporin or Triple Antibiotic Ointment) and a bandaid.
 - b. If permanent nail root cauterization, then use Amerigel kit you received from our office.
6. Repeat this process daily for 2 weeks.
7. See your Podiatrist for a follow-up appointment.